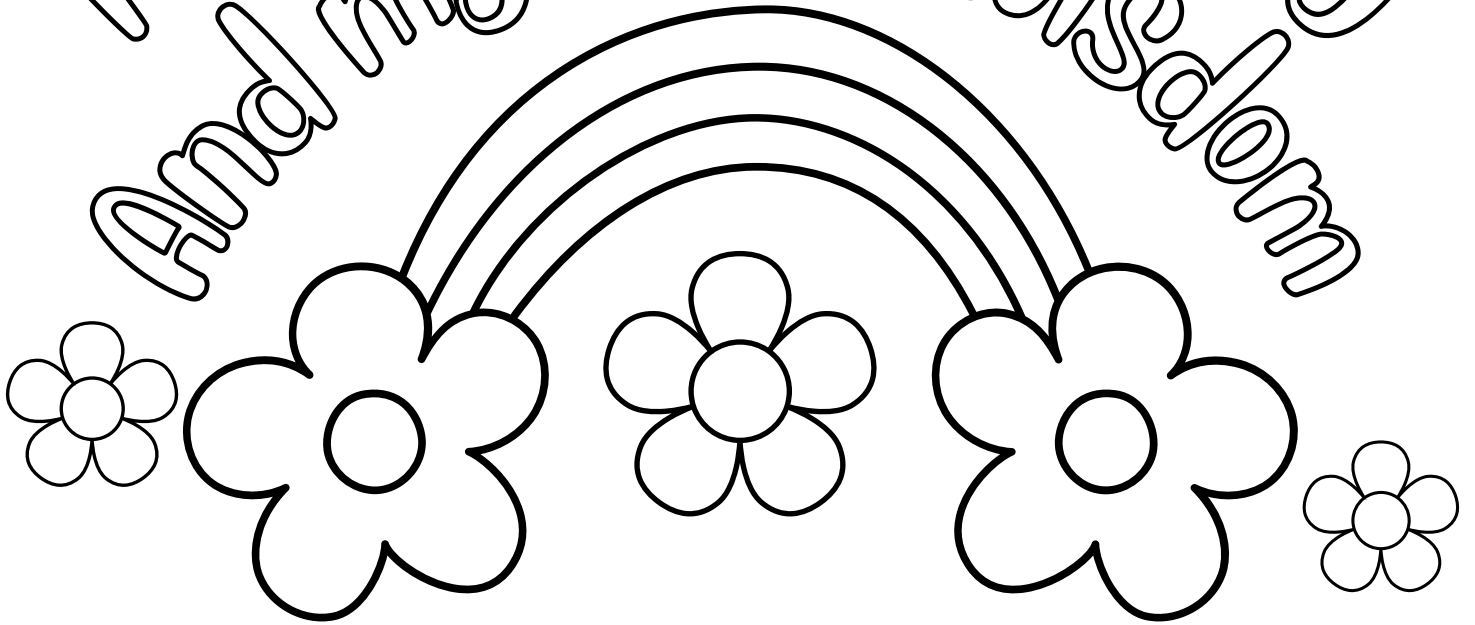
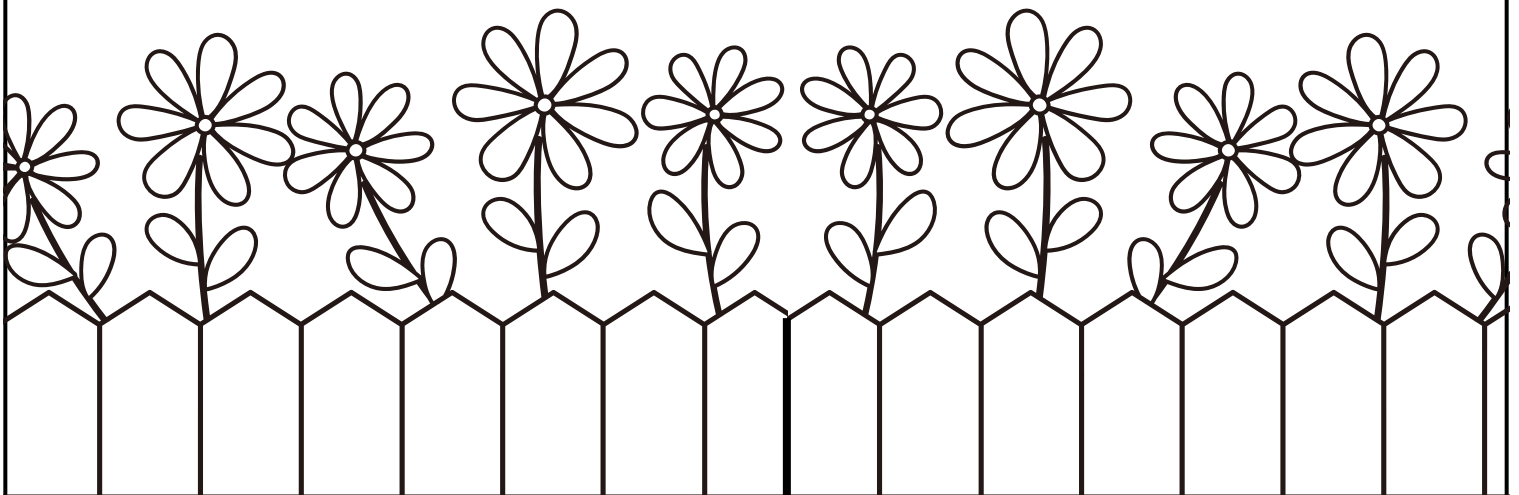
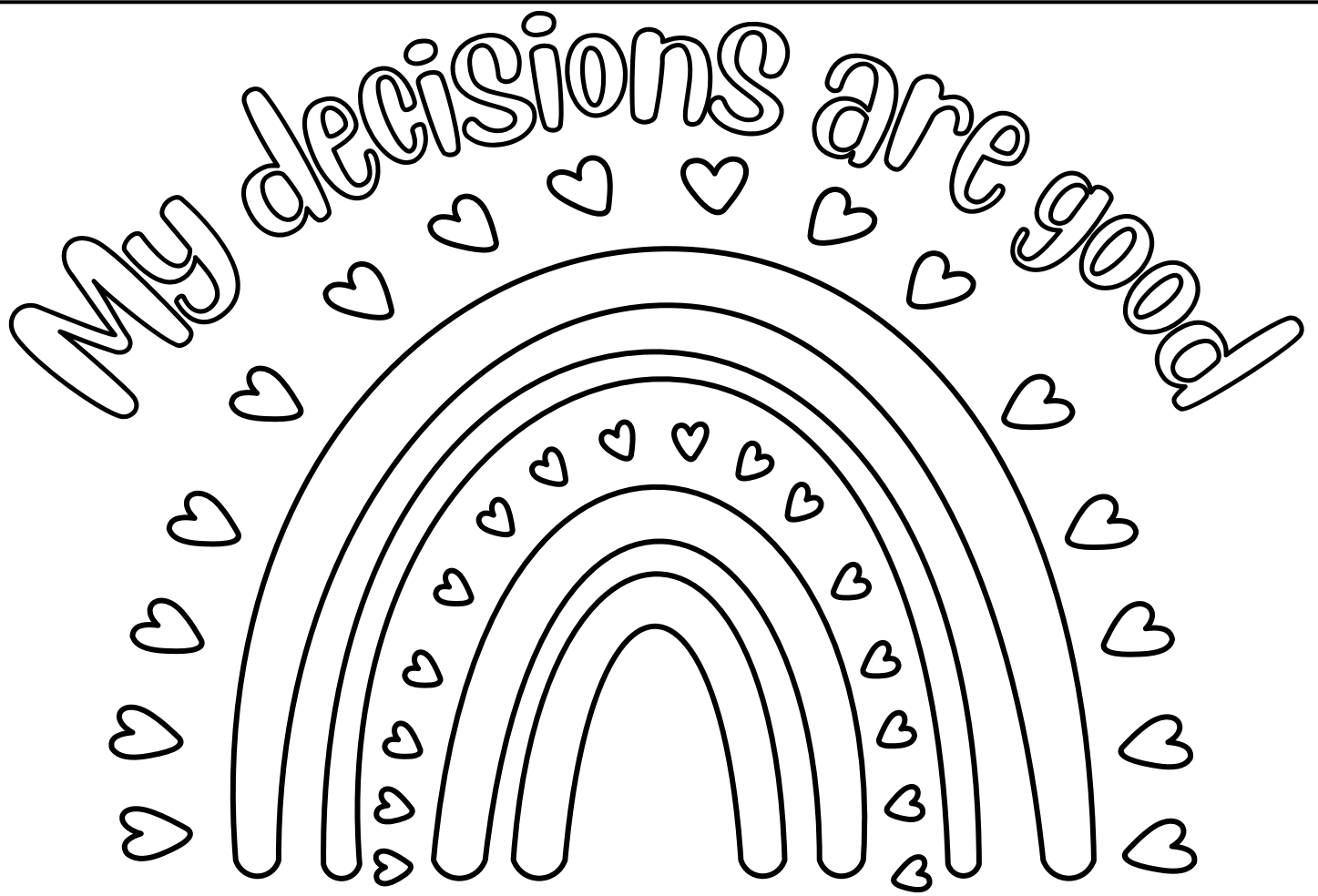


I can trust my body  
And my inner wisdom



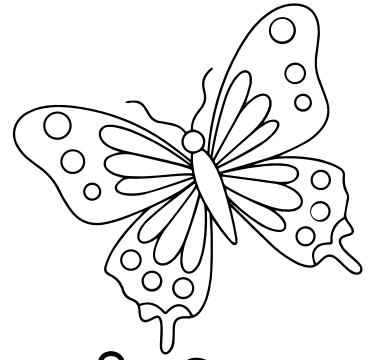
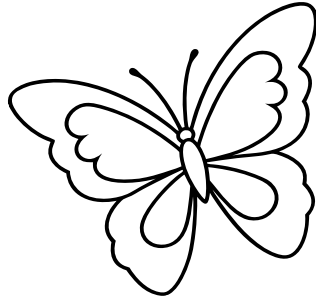
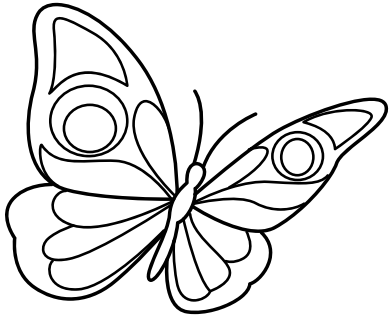
I am safe to feel  
my feelings





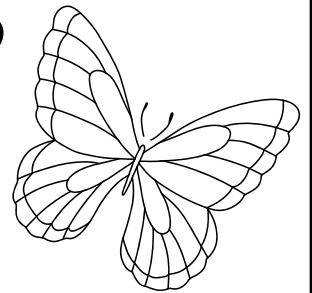
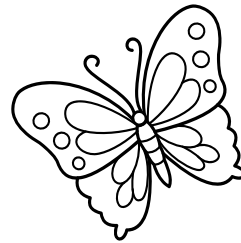
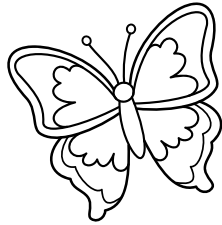
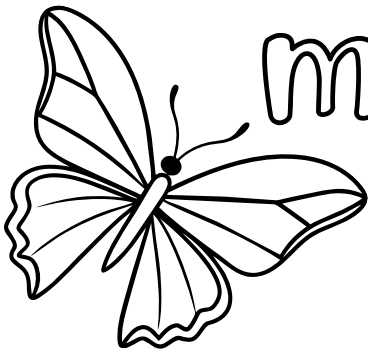
I know what's  
right for me





I am connected to

my instincts



I trust my choices

